



**STOP:
THE POWER OF PAUSE**

Psalm 46:10

January 5, 2024

BIG IDEA: When we stop we will find direction and a deeper understanding of His love.

THE COMMAND TO BE STILL

This is not just an invitation, but a directive from God.

This is a divine reminder to cease striving.

THE PURPOSE OF THE PAUSE

It is a shift of focus from ourselves to God's presence and sovereignty.

It creates space for God to speak into our lives.

THE BENEFITS OF STOPPING

When we stop, we gain clarity about our circumstances.

Stopping gives us an opportunity to rest and recharge.

BIBLICAL EXAMPLES

Moses' encounter with God transformed his life and mission.

Elijah discovered God's presence in the gentle whisper.