

## **SERMON NOTES**

## Robert Mulari, Connections Pastor

**GRIEVING WITH HOPE!** 

1 Thessalonians 4:9-18

September 9, 2025

BIG IDEA: Hope is essential in our approach to loss and grief.

Paul encouraged these Christians to be dedicated and productive workers so that they might <u>bring</u> <u>honor</u> to Christ's name.

**HOPE:** the <u>confident expectation</u> that God will fulfill what He has promised.

5 stages of Grief:

- <u>Denial</u>
- Anger
- Bargaining
- Depression
- <u>Acceptance</u>

How to help those grieving:

- <u>Support</u>
- **T**ime
- <u>Space</u>
- Practical help
- **U**nderstanding
- Hope |

Christ's <u>return</u> for His saints will be announced from heaven forcefully and dramatically.

## **PONDER THESE:**

- Are these words encouraging to me?
- How can I get through grief so I can help others get through it?

**Scripture Verses (ESV):** John 13:34-35; 1 Timothy. 5:13; John 11:35; 1 Corinthians 15:52-55; Ephesians 5:1-2